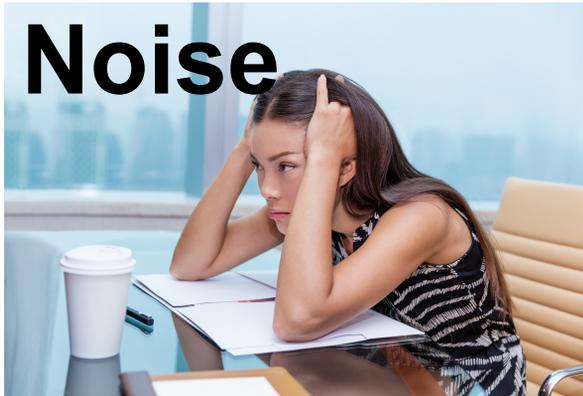


Tech Control Be Productive

Distractions, Distractions
| Appendix 1

Cut out pictures that illustrate what distracts you the most when studying



Tech Control

Be Productive

Other. Please state



Other. Please state



Other. Please state



Other. Please state



Other. Please state

Other. Please state

Tech Control

Be Productive

Place them on this sheet in order of what distracts you the most

#1

#2

#3

#4

#5

#6